



Appendix 14

Ecological Footprint Assessment

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Dear Larch,

I am writing to confirm that the Stockholm Environment Institute is pleased to support the Low Impact Housing Project. As you are aware, SEI has now provided analysis on the carbon and Ecological Footprint of a number of developments across the UK and will bring this experience with us when analysing the effectiveness of the housing project in Pembrokeshire.

SEI has already provided the questionnaire that assesses the Ecological Footprint of different lifestyle choices and is also prepared to carry out further analysis and help monitor progress once the project is up and running.

Kind regards



DR. John Barrett
Future Sustainability Programmer Leader - York

Lifestyle Questionnaire

Your details:

Name:

Occupation:

Age:

Address:

Telephone:

If you have any difficulty completing this questionnaire, just get in touch or explain why and we will get back to you to clarify the situation. Feel free to expand on your answers.

1. Your household

- a) How many adults live in your home?
- b) What is your relationship with the other adults in your home?
- c) How many children live in your household?
- d) What type of house do you live in? (e.g. 3 bed semi, terrace, flat etc)

2. Your heat and power

- a) What kind of heating do you have in your house?
- b) Over a year, how much gas/oil etc. do you use? (supply your answer in kwh if possible – this information should be on your bill).
- c) Over a year, how much electricity do you use in kwh? (this information will be on your electricity bill).
- d) Does your electricity come from 'Green' sources (e.g. Ecotricity, Npower 'juice', Good Energy)?
- e) Does any of your heat or power come from renewable sources at your home? (e.g. solar panels, wind turbine, wood chip boiler?)

3. Your food

a) In one week, how many of your family's meals usually contain meat (please circle)?

Breakfast
Lunch
Dinner

b) Do you buy organic food? If so, approximately what percentage is organic?

Fruit/vegetables
Diary products
Other

We grow our own veg as well

c) Do you actively choose local food?

d) Do you actively choose fruit and vegetables which are in season?

e) How many times do you eat out in the average month? (include takeaways and fast food)

4 Your travel

a) Approximately how many miles do you travel by the following in an average week?

Car
Train
Bus
Bicycle

b) When you travel by car, what's the average occupancy of the car?

(e.g. if you always travel alone the occupancy will be one. If half the time you travel alone and half the time with someone else the occupancy will be 1.5. If you always travel with someone else the occupancy will be 2).

c) What type of car do you have (if you have one)?

d) In 2005, how many flights did you take?

e) Of these, how many had their final destination:

Continued on next page:

6. Your expenditure

The items in the table below come from categories used in government household expenditure surveys. Please indicate approximately how much you spend **as a household** a month (on average over a typical year). **This information will not be published** but is important for calculating your footprint.

Note that there are descriptions for some of the categories in the footnotes to this table. **Please do NOT include work related items.**

Consumables	Average monthly expenditure over a year*
Tobacco	
Clothing	
Footwear	
Furniture, furnishings, carpets and other floor coverings	
Household textiles ¹	
Household appliances	
Glassware, tableware and household utensils	
Tools and equipment for house and garden	
Goods and services for routine household maintenance ²	
Medical products, appliances and equipment	
Audio-visual, photo and computers.	
Other major durables for recreation and culture ³	
Other recreational items & equipment ⁴	
Newspapers, books and stationery	
Personal care ⁵	
Postal services	
Telephone	
Mobile phone	
Recreational and cultural services ⁶	
Package holidays	
Education ⁷	
Accommodation services	
Social protection ⁸	
Insurance	
Financial services	
Holidays abroad	
Personal effects ⁹	

*e.g. if you just have one holiday a year, divide the cost of this by 12 for the average monthly expenditure

Footnotes to table

1. Bedlinen, table linen and bathroom linen (towels, tablecloths, duvet cover etc.)
2. Non durable household goods such as washing powders, soaps, tea towels, candles, matches, nails, glues, dusters, knitting needles etc. Household services such as dry cleaning, window cleaners, baby sitters, hire of household equipment etc.
3. Items for outdoor recreation e.g. caravans, horses for recreational riding, canoes, diving equipment etc. Items for indoor recreation includes all musical instruments, games machines, snooker tables (excluding toys)
4. Games, toys and hobbies, equipment for sport and camping, garden plants and flowers, pets and associated products and veterinary services for pets.
5. Hairdressing and other grooming establishments. Electrical appliances for personal care and durables for personal care (including soaps, creams and toothpastes, paper towels, cotton wool, razors, hairbrushes, baby scales, make-up, sun creams etc.)
6. Recreational and sporting services e.g. swimming pools, music halls, historic monuments, zoos and national parks, television licensing, photography services. Games of chance such as casinos, lotteries and other gambling.
7. Expenditure on education – e.g. private education.
8. Retirement homes, day care centres play schools and child minders, counselling services.
9. Jewellery, clocks, watches, articles for babies, articles for smokers and articles for travel.

Please give any comments you have below: